



# A million dreams

REACHING FOR THE STARS AND MAKING DREAMS POSSIBLE



family  
central  
*Changing lives for a lifetime*

Annual Report  
**2023-2024**

# A MESSAGE FROM THE CEO

## Dear Friends,

This year, guided by the theme "A Million Dreams," we have embraced the boundless possibilities that arise when a community comes together with a shared vision for a brighter future. We are immensely grateful for the milestones achieved, dreams realized and your steadfast support.

In June, we expanded our impact and reach when we proudly opened the doors to our new Family Support Center in Miami Shores. This state-of-the-art facility is home to our Miami-Dade based community services team, who provide critical resources and services to families in need. From counseling and educational programs to emergency assistance, this center represents our commitment to creating safe and supportive environments for every child to thrive.

We continue to practice and strengthen our "upstream philosophy," preventing child abuse and neglect, by expanding our maternal health programs. Based on our results, we have reached more mothers and infants across three counties than ever before. By increasing our services in prenatal care, parenting education, and access to essential resources, we are ensuring that every mother has the tools and support needed to nurture the next generation of dreams.

Another exciting development this year was the launch of our Parents as Teachers Program®. This evidence-based initiative empowers parents with the knowledge and skills to support their children's early learning and development. By nurturing strong parent-child relationships and providing personalized support, we're preventing child abuse, neglect and improving overall family health and well-being.

We also take great pride in the sustainability of our fiscal sponsorships. We believe when we are providing operational support and shared resources, we are fostering a network of organizations united in their mission to serve vulnerable populations. Together, we are amplifying our collective impact and ensuring a lasting legacy of support for those who need it most.

None of these achievements would have been possible without you. Your generosity and belief in our mission have been the cornerstone of our success. Whether through financial or in-kind contributions, volunteer efforts, or advocacy, you have played a vital role in shaping the future for countless children and families. For this, we extend our heartfelt thanks.

As we look ahead, our dreams remain as vibrant as ever. With your continued partnership, we will reach even greater heights, touching more lives and creating opportunities for children to grow, families to heal, and communities to flourish.

Thank you for sharing in our vision and helping us turn a million dreams into reality. Together, we are building a brighter tomorrow for all.

With deepest gratitude,



Mark D. Dhooge  
President and CEO



# FINANCIAL STATEMENT OF ACTIVITIES

Kids In Distress, Inc. and affiliates Family Central, Inc. Consolidating statement of activities for the year ended June 30, 2024.

## REVENUES

|   |    |                   |
|---|----|-------------------|
| Contributions   | \$ | 4,969,275         |
| In-kind contributions                                   |    | 576,625           |
| <b>TOTAL CONTRIBUTIONS</b>                              |    | <b>5,545,900</b>  |
| Governmental grants and contracts                       |    | 27,252,511        |
| United Way  |    | 125,099           |
| Medicaid/HMO revenue                                    |    | 241,437           |
| Fees  |    | 1,213,837         |
| Rental and other earned income                          |    | 932,778           |
| Other revenues  |    | 479,329           |
| Investment earnings, net of investment fees of \$58,300 |    | 1,929,722         |
| <b>TOTAL REVENUES, GAINS AND OTHER SUPPORT</b>          |    | <b>37,720,613</b> |

## EXPENSES

|  |  |                   |
|--|--|-------------------|
| Program services                         |  |                   |
| Childhood education                      |  | 21,668,973        |
| Abuse/neglect prevention                 |  | 5,244,033         |
| Family counseling                        |  | 1,127,494         |
| Foundation, dental, optical, and FLIPANY |  | 912,569           |
| Maternal and child health                |  | 688,555           |
| Residential                              |  | 893,730           |
| Adoption                                 |  | 314,448           |
| Supportive foster care                   |  | 1,182,096         |
| General programs including facilities    |  | 896,274           |
| <b>TOTAL PROGRAM SERVICES</b>            |  | <b>32,928,172</b> |

|                               |  |                  |
|-------------------------------|--|------------------|
| Supporting services:          |  |                  |
| General and administrative    |  | 1,853,231        |
| Marketing and development     |  | 965,329          |
| <b>TOTAL SUPPORT SERVICES</b> |  | <b>2,818,560</b> |

|                       |  |                   |
|-----------------------|--|-------------------|
| <b>TOTAL EXPENSES</b> |  | <b>35,746,732</b> |
|-----------------------|--|-------------------|

|  |  |                  |
|--|--|------------------|
| <b>CHANGE IN NET ASSETS WITHOUT DONOR RESTRICTIONS</b> |  | <b>1,973,881</b> |
|--|--|------------------|

## CHANGE IN NET ASSETS WITH DONOR RESTRICTIONS:

|   |  |          |
|---|--|----------|
| Investment earnings, net                                  |  | 187      |
| Net assets released from restrictions                     |  | (187)    |
| <b>TOTAL CHANGE IN NET ASSETS WITH DONOR RESTRICTIONS</b> |  | <b>-</b> |

“CHC can't express enough gratitude for the incredible support and collaboration that KID provides from the leadership to the whole team. Their unwavering support and dedication to helping us succeed toward our mission is truly unmatched!”

-Tracy Perez, Psy.D. LMHC

Regional Executive Director

Center for Hearing and Communication

# FINANCIAL STATEMENT OF ACTIVITIES CONTINUED

## ASSETS

|                                      |           |                   |
|--------------------------------------|-----------|-------------------|
| Cash and cash equivalents            | \$        | 2,207,203         |
| Grants and contracts receivable, net |           | 4,630,991         |
| Investments                          |           | 14,998,294        |
| Prepaid expenses                     |           | 663,486           |
| Other assets                         |           | 16,189            |
| Land, buildings and equipment, net   |           | 11,497,466        |
| <b>TOTAL ASSETS</b>                  | <b>\$</b> | <b>34,013,629</b> |

## LIABILITIES

|                                       |    |                  |
|---------------------------------------|----|------------------|
| Accounts payable and accrued expenses | \$ | 2,941,151        |
| Child care provider payables          |    | 1,326,846        |
| Refundable advances                   |    | 356,245          |
| <b>TOTAL LIABILITIES</b>              |    | <b>4,624,242</b> |

## COMMITMENTS AND CONTINGENCIES

### NET ASSETS

|                            |  |                   |
|----------------------------|--|-------------------|
| Without donor restrictions |  | 29,276,887        |
| With donor restrictions    |  | 112,500           |
| <b>TOTAL NET ASSETS</b>    |  | <b>29,389,387</b> |

## TOTAL LIABILITIES AND NET ASSETS

**\$34,013,629**

## NET ASSETS - BEGINNING OF YEAR

**\$27,415,506**

## NET ASSETS - END OF YEAR

**\$29,389,387**



# Foster Care

## Treating Child Abuse & Neglect.

Every day, children in Broward and Palm Beach Counties are removed from their homes due to abuse, neglect, and abandonment. We believe that every child deserves a safe and loving place to call home. The KID Supported Foster Care Program provides short and long term placements for children while their birth family works towards their goal of reunification.

“All in all, they are living their best life and enjoying their childhood. We have ups and downs and upset moments when they miss their biological parents, but we get through it together and move on.

So while we are having the times of our lives, Daryl and I wanted to give you all a "Got You Date" update and relay our deepest personal gratitude for all that you all did to get us to where we are now. You will never be forgotten and always respected! YOU all are truly doing meaningful and impactful work. So, when you have a bad day— because let's face it, you all see the gritty side of humanity daily— please remember us and know that you will win. The Light always shines brighter than the dark!”

-Patrick and Daryl

KID Foster & Adoptive Parents

### Foster Home Management

**38** NEW FOSTER FAMILIES

**270** CHILDREN PLACED

**40** ADOPTIONS

### Foster Family Sibling Group Homes

**65** CHILDREN

### Adoption Support

**19** GROUPS

# Early Childhood Education

Learn for a Lifetime.

We believe in providing a safe and enriching setting in which all children learn, explore, create, and thrive developmentally, while being supported and guided by caring, passionate educators.

## KID Preschool Plus

**119** CHILDREN

## Little Cruisers Preschool

**99** CHILDREN

## KID Aftercare/ Summer Program

Serves at-risk elementary school children from four Title I Schools in close proximity to the campus.

**157** CHILDREN

## Jump Start

Providing social-emotional support to early care and education programs catering to children with behavioral challenges who are at risk of expulsion or suspension

**70** CENTERS

**3,035** SESSIONS

“ Thanks to this early education, I learned my shapes, letters, numbers, colors, and the alphabet, and even learned to write my name before starting kindergarten. The program gave me a significant advantage, allowing me to enter elementary school ahead of my classmates.

HIPPY also had a profound impact on my social life. I fondly remember participating in family events hosted by the program and volunteering at a young age—whether painting faces, distributing food, or handing out school supplies and toys during the Christmas holidays. It was fulfilling to contribute to my community, a passion that continues to this day.”

- **Arelis Estrada Castillo**  
2009 HIPPY Graduate  
2024 FIU Graduate

## West Palm Beach

**137** CHILDREN

## Broward

**130** CHILDREN

## Miami- Dade

**202** CHILDREN

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**469** TOTAL CHILDREN

## Home Instruction for Parents of Preschool Youngsters

HIPPY is a structured, home-based model focused on parent-child centered learning designed to remove barriers and to reach low income families with limited education to become their child's first teacher.



# Family and Community-Based Services

## Keeping Families Together.

We proudly offer a *continuum* of programs designed to strengthen families, protect children, and promote positive development. These include in-home family preservation initiatives like KID FIRST (*Family Intervention, Response and Support Team*) and Homebuilders®, which provide intensive support to prevent out-of-home placements.

The Family Counseling Center addresses childhood challenges, foster care, and adoption needs, while Healthy Families and Healthy Start focus on parenting support, child development, and maternal health. Kinship Support aids caregivers with limited resources, and Family Services stabilizes high-risk families through community-based interventions. Parent education programs like Nurturing Parenting® and Parents as Teachers promote skill-building and protective factors, while Benefits Enrollment Services assist low-income families in accessing essential resources.

Overall, we believe in providing maternal and child health services to support and strengthen the family.

### KID FIRST

**1,167** CHILDREN

### Family Counseling Center

**281** CHILDREN

### Healthy Families

**401** CHILDREN

**206** FAMILIES

### Healthy Start

**481** CHILDREN

**956** MOMS



## Homebuilders®

**361** CHILDREN

**114** FAMILIES

## Family Services

**273** CHILDREN

**178** FAMILIES

## Nurturing Parenting®

*Broward & Miami-Dade*

**311** CHILDREN

**311** FAMILIES

## Kinship Support

**431** CHILDREN

**135** FAMILIES

## Parents As Teachers®

**62** CHILDREN

**62** FAMILIES

## Benefits Enrollment Services

*Broward & Miami-Dade*

**1,351** CHILDREN

**2,520** PARTICIPANTS

# #KIDPossible South Florida Impact

# 7,567,748

Meals and snacks served across South Florida through the Child Care Food Program

# 69,558

Meals and snacks were served through KID Educational Services - a **10% increase** from 2023-2024.

# \$.92

of every dollar directly benefits South Florida Children and Families.



**Jumpstart received the Children's Trust  
Program of the Year award.**



**Opened Miami-Dade  
Family Support Center**

## **Awards & Recognitions:**

Lorraine Hewling (FSP) -  
Healthy Start Excellence Award

Jessy Allain -  
SDG Leaders Award  
by the United Nations Association  
of Broward

Nicole Bortnik, LMHC, ATR -  
Infant Mental Health Specialist Award  
by the Florida Association  
for Infant Mental Health

# Thank you

for your help in making the  
impossible **KIDpossible.**

## KIDS IN DISTRESS, INC.

### Mission

To prevent child abuse, preserve the family, and treat children who have been abandoned, abused, and/or neglected.

819 NE 26th St, Fort Lauderdale, FL 33305  
KIDinc.org | 954.390.7654

## FAMILY CENTRAL

### Mission

To strengthen relationships and create nurturing communities where children and families flourish.

9301 NE 6th Ave, Miami Shores, FL 33138  
819 NE 26th St, Fort Lauderdale, FL 33305  
familycentral.org | 954.720.1000

## CONNECT WITH US

    @KidsInDistress  
 @FCSouthFL  @fci4kids



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